



The Pitt Capsule



University of Pittsburgh School of Pharmacy

Kappa Psi Elects New Officers

By Hannah Duttenhoeffer

The brothers of Beta Kappa kicked off this chilly semester with the annual ski trip at Seven Springs, where we spent the weekend enjoying the snow, skiing, snow tubing, and playing football. Most importantly, they were able to spend quality time together before the busy spring semester kicks into full gear.

Upon our return from ski trip, Beta Kappa held annual elections for the 2011-2012 Executive Board.

With the start of the new year, many brothers kept busy planning and participating in the various events during the school's Pharmacy Weeks. The brothers had a ball at the APhA-ASP Formal, the PLS auction, PPA's OTC Jeopardy competition, as well as their own "No-Talent" Talent Show.

In addition to the fun social events that took place during Pharmacy Weeks, the annual PDC vs. Kappa Psi football game occurred on January 30th at the Cost Center. The men of Kappa Psi battled it out with PDC in the snow and cold, but unfortunately they were unable to come out on top despite a valiant effort.

Beta Kappa is also proud to say that 10 brothers were selected to Rho Chi and 8 were selected to Phi Lambda Sigma this year. Congratulations! We are so proud of you!



Brothers enjoying the slopes at Seven Springs on Ski Trip.

Congratulations and best of luck to our new Executive Board:

Regent: Luke Berenbrok

Vice-Regent: Sarah Rindfuss

Recording Secretary: Lukas Martin

Corresponding Secretary:

Hannah Duttenhoeffer

Treasurer: Evan Williams

Chaplain: Allison Astor

Historian: Chelsea Fitzgerald

Sergeant-at-Arms: Laura Mincemoyer

ASP Representative: Natalie Capozzolo

IFC Representatives: Maggie Ryan and Cory Hale

Immediate-Past Regent: Dan Yarabinec



Some Kappa Psi Brothers in their Snuggles on Ski Trip.

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Rho Chi News

By Svetlana Goldman

Rho Chi members took part in several events during the past month. We participated in our monthly health talks at the Adult Rehabilitation Center in South Side, with our last topic covering the complications and treatment of diabetes.

Next month, we will be discussing men's health and STD basics. Also, we are in the process of finalizing plans for our next blood drive coming up this April. Business cards were distributed this past month and those who purchased lab cards will be receiving them shortly. Tutoring for classes is still available and for those interested please contact Melissa Ruminski (mer69@pitt.edu) or Amanda Eckenrode (ame21@pitt.edu).

Furthermore, we are planning to hold a session on portfolio help for the P1 and P2 members to assist students in understanding what pieces of evidence are best chosen for the portfolio.

On February 2, Rho Chi held its annual Scavenger Hunt as part of the school's Pharmacy Weeks. Congratulations to John Yamber, Elizabeth McCartney, Jaclyn Brucker, and Theresa Penatzer for winning the scavenger hunt!

As for future events, we look forward to helping in the OTC undergraduate dorm health talks and the upcoming induction ceremony for new members on March 22, 2010.

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IPSF Updates

By Julia Sasanko

First, thanks for the great turnout at our Pharmacy Weeks event! Our speaker was excited at the response from pharmacy students, and as a result has agreed to host experiential learning events! Our first step is to plan. Anyone who is interested in setting up an education project about medications for Pittsburgh refugees should come to the IPSF meeting on February 17th in 532 Salk. In addition, we will be planning for World Water Week. Last year's event raised over \$1000, so with

your help, we can make this event even more successful than it has been in the past!

Also coming up in the future is planning for our exchange students. If you have a great practice site that you want to share with our students, please share! The same goes for fun events—if you know about something fun that you'll be doing during the summer, consider making it an outing for you and the students. Any other ideas are greatly appreciated!



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LKS Serves Up Smiles to Families in Need

By Kailey Troutman

The sisters of Lambda Kappa Sigma started the semester with a service project held at the Ronald McDonald House located adjacent to the Children's Hospital of Pittsburgh. The girls who took part in the project spent the morning of Sunday, January 23rd, cooking and serving a hot breakfast to the families staying at the house. The Ronald McDonald House provides a home away from home for parents and siblings of children who are required to remain in the hospital for an extended period of time. Sisters in attendance were able to offer the families a good meal as well as some much-appreciated conversation. A special thank you is extended to our service co-chairs Jonna Munroe (P3) and Kristen James (P2) and sister Sarah Brinley (P2) and Nicole Kovacic (P2) who helped to organize this event. LKS plans to continue this project throughout the remainder of the school year so that all

sisters are able to participate.

On Tuesday, January 18th, LKS sisters held their first Pens game viewing party. Sisters in attendance enjoyed a great hockey game as well as some sister bonding time. LKS also donated a pharmacy clothing basket to the Phi Lambda Sigma Auction held on January 27th. LKS girls are looking forward to Hygeia Day, which will be held on March 30th. This annual luncheon will feature a guest speaker on mental health, and all students are welcome and encouraged to attend. Look for announcements over the next month detailing this event.

The LKS Lamb Light for the month of January is Amanda Johnson (P3). As one of our service co-chairs, Amanda has collaborated with Dr. Jonkman to organize a smoking cessation/healthy lifestyle program at the Birmingham Clinic. Throughout the fall semester, sisters visited the clinic

to speak with patients about possible lifestyle modifications to promote the Dean's Theme of Cardiovascular Health. This project will be continued this semester as well, and we commend Amanda for all of her hard work.

LKS is currently holding its annual spring clothing and white coat sales, and order forms are due February 11th. This is a great opportunity for P3 students preparing to go on rotation! Sisters are also selling Yankee Candles in an assortment of springtime fragrances (Hint: These make wonderful Mother's Day presents). Place your orders ASAP! A bake sale will be held on Wednesday, February 9th during lunch, so be sure to stop by for a sweet treat before afternoon classes.

Stay tuned for more information regarding upcoming LKS events. On behalf of all sisters, have a fabulous February!

Immunizations: Giving Legislation a Shot in the Arm

By Kate Steward

The University of Pittsburgh's School of Pharmacy has recognized that many employers now expect pharmacists to be able to immunize. As a result, starting with this year's P3 class, it is now included in the curriculum for Immunology in the fall P3 semester. But imagine for a minute what it's like to take a course and then not have the chance to practically apply the skill for almost two years. That's the current state of affairs in Pennsylvania because under current law, only a certified pharmacist can immunize.

While providing immunizations might not be something we all intend to do, many agree that it would be nice to have the chance to practice sometime in between when we take the course as students and the day we're the only pharmacist on duty and a patient comes

to the counter wanting a flu shot.

During Pharmacy Weeks, over 60 Pitt pharmacy students stepped up to the plate and contacted Pennsylvania senators. PPA and the APhA-ASP Student Political Action Network (SPAN) Committee organized a letter writing campaign to make state senators aware of the need to sponsor legislation to modify how immunizations are provided in pharmacies. The two key provisions of the letters were to remove the minimum age requirement (18 years old + 1 day) for patients to receive an immunization by a pharmacist and allow certified students to provide immunizations under the supervision of a certified pharmacist. All 50 states currently allow pharmacists to administer immunizations at some age level, 19 with no age restriction, and 34 states

already permit pharmacy interns to do the same.

Look for more information from PPA and the SPAN Committee as legislation moves forward in the House and Senate. Contacting your legislator in Harrisburg can be as simple as sending an email, signing a letter, leaving a voicemail or participating in Legislative Day (April 5 in Harrisburg – more information TBA).

P4's Win Local P and T Competition

By Brad Stevens

January was a busy month for members of AMCP. Teams prepared and finalized their projects and presentations for the annual Pharmacy and Therapeutics Competition. On Monday, January 31, each team presented to the mock P&T committee. After presentations and review by the judges, the team of Ben Cassidy, Jerry Mascara, Taylor Miller, and Mike Smith were winners. We look forward to the team representing Pitt at the regional and national level! Thanks go out to the judges Dr. Corman, Dr. Daw, and Dr. Hain for their commitment to making the competition a success.

Mark your calendars for the "career roundtable" event on Wednesday, March 30. Representatives from managed care organizations, pharmacy benefit managers, specialty pharmacies, and other managed care related organizations will be in attendance to speak about their pharmacy experiences and roles at their respective organizations. Also, look for updates soon about the late February AMCP meeting.

Sudoku

Difficulty: Medium

		4		5				
		8					1	4
		7		8		6		
	2		9					6
6			8	3	5			7
8					1			9
		6		2		9		
9	3					5		
				4		3		

Difficulty: Hard

6		7				3	2	
		2		9	1			5
			5	2		6		
							3	1
9					2			4
7	1							
			3		2	5		
	3				7	8		6
		2	4			3		8

Difficulty: Hard

				2				3
	2				5		6	
	1	7						5
					9	8		6
		3				9		
6		4	3					
9						5	7	
	7		1				8	
8				7				

Difficulty: Easy

7			5				8	
		6		2	7	5	9	
		8	9	3	4			
					3	1		8
9	8	3				2	5	6
1		4	6					
			3	4	2	7		
	4	1	7	8		3		
		7			9			2

PI Spotlight

Tina Elgin



Undergrad: Pitt -- Main Campus

Hometown: Punxsutawney, PA

Pharmacy Experience: Giant Eagle Pharmacy -- Waterworks

Thoughts on your first semester in pharmacy school: "Fun semester with meeting everyone, trying to get involved and studying!"

Fact: "I have a 3 year old chocolate lab named Vesper who just had knee surgery."

Dream job outside of the pharmacy profession: Professional softball player

Contributed by Laura Mincemoyer