



The Pitt Capsule

University of Pittsburgh School of Pharmacy

Kappa Psi: Pledging, Pierogies, and Province

By: Dana Roman

October has been a very busy month for the Beta Kappa Chapter of Kappa Psi. During the weekend of October 3-4, Delta Epsilon at Duquesne University hosted our Province II Assembly right here in Pittsburgh, and many brothers came out for the occasion. Friday night was an enjoyable social in the Southside, followed by business meetings Saturday morning and afternoon. The highlight of the afternoon session was once again the slideshow presentations from each chapter – thank you to Anna Marie Oakes for a great Beta Kappa sideshow! The Assembly did not close however,



Brian Straub giving up in the pierogi eating

until after the evening dinner and awards banquet, during which Beta Kappa was once again presented with the Chapter of the Year Award for Province II. Congratulations to all of the Brothers on this wonderful accomplishment!

The following weekend, two Beta Kappas, Tim Kaylor and Dana Roman, along with several graduates, headed over the Cincinnati for the Province V Midyear Assembly. Our very own Beta Kappa graduate, Erin Walsh, ran a wonderful Assembly, concluding with dinner on a riverboat cruise along the Ohio River. As always, it was a great experience to travel and get to know Brothers from other chapters and Provinces.

The month has not only been filled with meetings and assemblies. Pledging has also been taking place, and with that a few traditional events, along with some new ones. Beta Kappa held it's first ever



Beta Kappa Men at the Spaghetti Warehouse

Pierogi Eating Contest on a Thursday evening early in October. Matt Barnes won the contest as the first person to finish 20 pierogies. Congratulations to Matt, as well as Chris Turton and Ashley Toale, who came in 2nd and 3rd place respectively.

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APhA-ASP Midyear Regional Meeting a Success

By: Erica Trimble

The APhA-ASP Midyear Regional Meeting is held every fall. There is one meeting in each of the eight APhA-ASP regions. MRM's are the only meetings designed exclusively for student pharmacists.

Every year, one of the schools within the region serves as the host for the conference. This year, Pitt (along with Duquesne and LECOM) was very excited to host MRM at the Hilton Hotel in downtown Pittsburgh. Karleen Melody (P3), our Region 2 MRM Coordinator, organized committees and oversaw the weekend's events, lectures, developmental workshops, and socials. After months of planning, all the hard work paid off. Our region attracted more students to MRM than any other in the country, with over 270. And Pitt students outnumbered the rest of the schools with 56 attendees, which led to

our award for highest attendance!

The conference began on Friday night (October 17) with a welcome from our very own Dean Kroboth. Students then changed into their "celeb" outfits to attend the social, "A Night With the Stars." Sarah Palin, Hugh Hefner, the girls from Sex in the City, the Spice Girls, Shawn Johnson, John Daily, and Tom Brady were just a few spotted in the on the dance floor. Prizes were awarded for the best costumes and to the winner of APhA's Got Talent Show, which we are proud to say went to the Pitt act, "MRSa" by the Village People.

Saturday began bright and early with professional development seminars and workshops that led into the House of Delegates Policy Process and the MRM Expo. To celebrate our Chapter's success, all Pitt students were invited to dinner at Buca Di Beppo in Station

Square before we met up with students from the rest of the Region for the social at Calico Jacks.

It may have been a little tough to get out of bed on Sunday morning, but it was well worth it. It was a big day for Pitt, once again. The policy our school proposed was passed and Kate Steward (P1) won the election for Regional Delegate. Others were lucky enough to win prizes and gift baskets. MRM was made up of three enriching days that we will never forget. All of the learning, networking, and most importantly fun, was a great experience for everyone. For those of you who couldn't attend this time, you will have the chance to make up for it in April at the APhA Annual Meeting in San Antonio, Texas. (If you are interested in attending, email Erica-elt11.)

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The Pitt Capsule

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Pitt Students at MRM

SNPhA—Updates and Upcoming Events

By Melissa Ruminski

As the semester passes by, SNPhA has been busy serving the community and the student body. In October, SNPhA hosted a Health Fair in Hazelwood where pharmacy students interacted with citizens, from the community, answering medication questions and providing blood pressure readings. Community participation was remarkable, providing the volunteers, as well as those that attended from the community, a meaningful experience.

SNPhA also hosted a presentation by Grant Bender, a Pitt Pharmacy Alum from 2005. He is a pharmacist from Tuba City, AZ that spoke of the wonderful opportunities that Tuba City's Indian Health Services has to offer. He works with the 35,000 Hopi, Navajo and Paiute Tribal Members that live on the Navajo Reservation in Tuba City. Yardlee Kauffman, a P3 pharmacy student, spent part of her summer in Tuba City as a summer intern. She spoke of her experience at the International Pharmacy Opportunities panel co-sponsored by ISPF.

Among these events in October, SNPhA also participated in the American Heart Association Walk, an immunization clinic at Walgreen's

Pharmacy and hosted a presentation on AIDS by Dr. Christianah Moji Adeyeye from Duquesne University. Dr. Adeyeye's spoke of the devastating effects the AIDS epidemic is having on her home nation of Nigeria. Another area she addressed was her organization, DAHP that helps to provide treatment, awareness and prevention to the people of Nigeria.

In November, SNPhA is participating in another Health Fair at the Urban League in downtown Pittsburgh. SNPhA is also hosting Working Groups on November 11th starting at 12pm.

In December, SNPhA is collaborating with SGAP and Face AIDS Pittsburgh for the World AIDS Day Gospel concert and silent auction. The event you do not want to miss will be held on December 1st at 6:30pm in the Union Ballroom (4th floor) on the Duquesne campus. The proceeds will benefit AIDS research. SNPhA will also be raising donations for the AIDS organization DAHP (www.dahp.net) that was founded by Dr. Adeyeye. With the money raised, medications for patients with HIV and AIDS will be purchased and sent to Nigeria. Also donations will help purchase children's books to educate children about AIDS and how

it can be transmitted.

Even with the semester nearing an end, the members of SNPhA are continually finding new ways to impact the community.

For upcoming events (please contact Jimmy Gill at jsg16@pitt.edu).

November Contest:

The first five people to count the turkeys in this issue and send the results to Rhea Santangelo (res12@pitt.edu) will win a prize!

Phi Lambda Sigma

Seeks New Applicants

By Alexa Ray

The Beta Delta Chapter of Phi Lambda Sigma is excited to announce that we will soon be beginning the new member process for the 2008-09 school year. Prospective applicants are invited to join PLS members for the Annual Ice Cream Social on November 21st, 2008 at noon in the PCLC. During this informal session, you can talk to PLS members about their experiences within the organization and learn more about what we do throughout the year. We will also be discussing the application for membership and the application process, so although this session is not mandatory, we highly encourage you to attend!

The annual PLS Charity Auction is officially scheduled for Thursday, January 22nd 2009. Each year during Pharmacy Weeks, we gather unique and exciting prizes and raffle them off for a great cause. This year, the proceeds of the auction will benefit the Grace Lamsam Pharmaceutical Care Fund, which helps provide medication services to underserved populations. The auction is always one of the most memorable events of the year, so mark your calendars and be on the lookout for more information to come!

Kappa Psi, Continued

From page 1

October is also the month of Halloween, which means Kappa Psi's annual trip down to Fright Farm in Connellsville, PA. After a long and sometimes disorienting drive, everyone made it safely to the haunted house. Before heading out on the hayride through the haunted forest, everyone enjoyed a bonfire and s'mores.

We also had the pleasure of another Beta Kappa tradition, our Lineage Dinner at the Spaghetti Warehouse. On a Thursday evening, everyone piled into cars and headed down to the Strip District for spaghetti, lasagna, and that wonderful warm bread with garlic butter. Pledges and Brothers had the opportunity to get to know each other even better, especially within each lineage.



From Top: Tim Kaylor and Jess Klunk enjoying s'mores at Fright Farm; Ashley Toale w/ Chapter of the Year; Kate Stewart, Laura Muchesko, Amanda Tomich



International Pharmaceutical Students' Federation (IPSF):

No Passport Required

By: Julie Lauffenburger

October has been busy for IPSF! Beginning with a strong attendance at the first general body meeting of the semester, IPSF is continuing to plan a whole plethora of activities for the upcoming year.

For instance, IPSF has already begun to organize a 5-part series of medical Spanish classes beginning in early January culminating in a blood pressure screening in the Hispanic community. Learning a few words of Spanish is the first step towards developing into a culturally-competent practitioner. If you are interested in offering your assistance in developing them, please contact Karen Nenno (kln14@pitt.edu) or myself (j.lauffen@gmail.com).

Interested in learning more about global health issues? Consider attending the IPSF Global Health Film Series! Throughout this academic year, IPSF will be showing the renowned Rx for Survival PBS Video Series (narrated by Brad Pitt J), with such episode topics ranging from vaccines to antibiotics, clean water to nutrition, bio-terror threats to the HIV/AIDS pandemic. The first one was Friday October 24th, with the next showing in November. Stay tuned for more information!

Some IPSF members also attended the IPSF Workshop at the APhA-ASP Midyear Regional Meeting on October 18th. Through the session, we

learned that we really are a strong chapter! We also learned more about the World Congress that occurs annually, bringing together hundreds of pharmacy students from over 40 countries around the world. This year's was held in Romania—2009 is in Bali, Indonesia. The IPSF Student Exchange Program was also discussed, and we were able to share our experiences with other schools about hosting two students this summer. In addition, the IPSF Student Exchange Application will be available shortly on the APhA-ASP website (due December 1st). Consider applying!

Have a great November, everyone!

PDC Updates

By Nathan Hunnell

So the semester is more than half-way through and (in the words of DonKing) Phi Delta Chi wishes everyone a splendidous Fall. Phi Delta Chi has been busy with this year's Fall pledge class. Nine students are currently working towards membership into the all male professional pharmacy fraternity.

We would also like to congratulate Akere "AK" Atte for winning Homecoming King. Phi Delta Chi co-sponsored AK's campaign and is proud of



his hard work towards winning the crown. During his reign as King, AK promises free blood pressure screenings to any Pitt student or faculty member.

Upcoming PDC events this Fall include:

1) PDC honorable alumnus luncheon in conjunction with the Alumni Association - Clyde Cressler, CEO of Care Capital Management and owner of 18 Medicine Shoppe pharmacies, will be talking to students about entrepreneurial opportunities within pharmacy and the characteristics needed to excel as a leader within the field.

2) Diabetes Awareness Service Project - PDC will be conducting educational sessions at local, underserved pharmacies dealing with diabetes. If you would like to contribute, please contact Keith Barron at kab76@pitt.edu.

3) Substance abuse handouts - PDC will be researching the history and current problems of alcoholism, smoking, drug use, and risky sexual behaviors. Handouts will be distributed to School of Pharmacy and undergraduate students.

If you have any questions regarding Phi Delta Chi you can contact Nathan Hunnell at nah16@pitt.edu. Have an enjoyable and safe Fall.

A Day in the Life of a Managed Care Resident

By Erin Lopata, Pharm. D.

One of the advantages to performing a managed care residency after graduation is that nearly no two days are the same. My days include a wide variety of activities, interactions, and sometimes even locations. I usually try to start my morning by reading a few of the emails that I receive daily from various sources. These include the latest in pharmacy and medical information, helping to keep me up to date on the latest FDA approvals, drug warnings, and other news.

Depending on the day, I may be responsible for reviewing prior authorizations. When reviewing these cases, I utilize UPMC policies, clinical patient information, and my clinical judgment to decide whether or not to approve a drug for a patient. Another activity that I share with the other clinical pharmacists is the review of MTM cases for patients in our Medicare and Medicaid populations. For these patients, we review the medication profiles and medical claims, such as laboratory tests, and reach out to their providers

when a medication issue is identified.

As a University of Pittsburgh School of Pharmacy resident, many of my days involve a trip from my office downtown, to Oakland. I may meet with a working group of residents and faculty to discuss my research project, listen to a fellow resident's seminar presentation, or present a journal club. I have also been active in teaching activities at the school, including participating as a facilitator at several practica and even teaching a lecture.

Between these activities, and the various meetings I attend, I try to find some time to work on projects that I am assigned. These projects take a variety of types including required longitudinal and rotation activities, projects that arise in other departments that need pharmacy involvement, presentations to give to a variety of audiences, drug monograph preparation, and many others. My days can be very busy and hectic; therefore, time management skills are essential to achieve everything that I must in a day. Managed care pharmacy is a dynamic, exciting environment to work in, and so far, an environment that I truly enjoy.

Interested in learning more about this area of pharmacy? Consider joining AMCP (Academy of Managed Care Pharmacy) at Pitt! Contact the president of AMCP, Steven Zona, at sdz3@pitt.edu for more information.

Lambda Kappa Sigma Welcomes New Members

By: Julie Lauffenburger

October has been a busy month for LKS! First of all, congratulations to all 30 new members on your entrance into Lambda Kappa Sigma! We are happy to have you here, and look forward to continuing to get to know you.

Beginning of the new member period with the Pinning Ceremony on October 1st, LKS has been involved in a whole host of activities to unite new members and sisters alike. October 2nd marked our participation in Light the Night Walk at Heinz Field benefiting the Leukemia/Lymphoma Society. The third annual pasta "Family Dinner" was held on Sunday October 19th, culminating a busy weekend after many sisters attended the APhA-ASP Midyear meeting. Another adrenaline building activity was the annual Scavenger hunt that culminated at Gullifty's in Squirrel Hill on Thursday October 23rd. Thank you Lauren and Megan for organizing!



In other activities, the Founder's Day ceremony was also successful, having been held on Sunday October 12th. It featured a speaker, Dr. Kara Shirley, past Grand Vice-President for Collegiates of the LKS Grand Council, as well as a potluck dinner. It was definitely a great experience for all,

and a great opportunity to hear from a fellow lamb who is truly making a difference. Many thanks to Yardlee and Christa for coordinating. LKS and PLS also co-sponsored a CV Building Session on October 30th—it's never too early to think about starting one! In fundraising news, the annual LKS Clothing Sale as well as the Yankee Candle Sale just drew to a close and were huge successes as always. Thank you to everyone who participated!

In future events, the annual PDC/LKS formal will be held at the Pennsylvania Athletic Association in Oakland on Friday, November 7th. This event is always one of the highlights of the year, as it marks the end of the new member period.



Lamb Light: Kayce Oddis (P3)

Kayce Oddis (P3)

The "Lamb Light" column is designed to highlight special members, "lamb", who have been instrumental in chapter activities. This month, LKS would like to recognize Kayce for her hard work and dedication in selling more than \$450 in Yankee Candle merchandise—becoming the top seller. Clearly, she is a member that goes above and beyond for the chapter, without the intention of receiving recognition for her efforts. Thank you Kayce!

What's your favorite activity in LKS?

Kayce: I enjoy a lot of the volunteer activities we do outside of school, like walking for Light the Night, wrapping gifts at Christmas time, anything the LKS girls do out in the community is a nice break from school.

What's your favorite activity outside of pharmacy school?

Kayce: Wait, there's life outside of pharmacy school?? Just kidding, I enjoy being lazy and catching up on all of my DVR'd tv shows and reading, for leisure, of course.

What do you want to do after pharmacy school?

Kayce: I have no idea right now. I change my



mind at least once a week. I'm just working on getting as much experience as I can so that when I do graduate I know what it is I want to do and not want to do.

Who would you like to change lives with for a day, if you could?

Kayce: Queen Elizabeth

Thanks again Kayce for your hard work, and to all the rest of you, good luck in November!

P1 Class Update

By: Adam Martin

The Class of 2012 election for representatives of the school committees has been completed, with the results as follows:

Alumni Society: Jaime Genovese
Code of Conduct: Amy Flanigan
Curriculum Committee: Shailly Shah, Jonna Munroe
Experiential Learning Committee: Anastasia (Ana) Elmiger, Justine Parker
PharmD Program Council: Amanda Johnson, Dan Lindsay
Curriculum Assessment Committee: Melissa Ruminski

We have survived the second major wave of examinations, with an upcoming exam in PDA on Friday, 11/7 and an A&P exam on Wednesday, 11/12. We are looking forward to the Career Expo on Wednesday, 11/5, as well as the opportunity of interviews with the 11 companies offering them following the expo.

We look forward to the upcoming opportunities and experiences in the remainder of our first semester as pharmacy students! We are also beginning to prepare for the Dr. Gordon J. Vanscoy White Coat Ceremony to be held on Friday, January 30 in Scaife Hall auditorium, marking our entrance into the profession and community of the Pharmacy practice.

More Updates from the Class Presidents...

P2 Class Update

By: Mike Smith

Almost there. The P-Blue class is almost through this brutal semester. Three more exams and a couple of OSCE's later, the class will definitely be thankful for the Turkey Day break. Also, the class is having a T-shirt design contest, with the winner receiving a \$15 gift card to the choice of their place. In addition to the T-shirt sales, the class fundraiser for this year will be reaching out to all classes, faculty, staff and alumni as we are soon to be selling scarves, hats and gloves, and thermoses and mugs (see any of the P2 class representatives for more information).

P3 Class Update

By: Kate Radzevick

October has passed by extremely fast for the P3 students with an exam every week, as well as an onslaught of group assignments and journal articles to read. Nevertheless, we are rounding out our pharmacy education and finally learning about various new topics such as thyroid disorders, medications contraindicated in pregnancy and steroid use that we have not covered before. We also took the law midterm this month - leaving many to appreciate selecting pharmacy and NOT law for our majors.

The common topic of conversation is P4 rotation selections, off-rotation lottery numbers and where and WHAT we plan on doing in the next year. (P2's - I would suggest thinking about your P4 rotations and start talking to preceptors EARLY - perhaps even during next summer.)

With the new schedule for experiential learning implemented this year, our final schedule is from December 1-5 and rapidly approaching! Additionally, many students will be at their experiential sites the week of Dec 8th within various acute care and ambulatory practices, as well as unique locations. As a result, the holiday break will be a much anticipated period of rest and recovery, while also allowing for the opportunity to plan and prepare for our P4 rotations.

P4 Class Update

By: Matt Sapko

As the fall semester starts to wind down, the P4s are looking towards next semester and many changes to come. With seminars winding down and only a few students left to present, many of us have started looking towards the future.

Nearly 30 P4s have already made decisions for next year, mainly in community pharmacy with CVS, Giant Eagle, and Rite Aid. Many others are looking forward to ASHP's Residency Showcase at the annual midyear meeting in

Orlando, FL. Here, many students will be interviewing for residencies ranging from pharmacy practice, managed care, and management residencies among many others. The students will then work on applications and prepare for interviews scheduled in January and February.

This past month many P4s have been busy prepar-

ing for presentations at national meetings and pharmacy competitions. This month, Liz Forsberg and Shannon McLaughlin presented original research projects at the ACCP Meeting in Louisville, KY. Both Liz and Shannon represented the school well on the projects they worked on for several months with Dr. Kane-Gill and Dr. Schonder, respectively. I was fortunate enough to be able to attend the

ACCP meeting and speak to the general assembly about student involvement in clinical pharmacy practice with a fellow national student officer. In addition, the P4 team of Zach Cain and AJ Rivosecchi won the Clinical Skills Competition for the 2nd year in a row! They will be competing at the ASHP Midyear Meeting in Orlando, FL against other winning teams from around the country. The team of Amy Chang and Christina Mazur finished the competition with an impressive 3rd place finish.

The P4s would like to remind any underclassmen with questions about rotations, jobs, residencies, or anything else, please feel free to contact any of our class officers or members of our class. We're all willing to offer our insights and experiences to help any of you!

Rho Chi Updates

By: Sierra Hogue

Rho Chi would like to thank all those signed up for and donated at the blood drive on October 21st!!!! Also thanks to everyone who purchase lab cards. The fundraiser was a big success. This month we are conducting our monthly Health Talk at the Salvation Army in the South Side on November 10th. The topic will be all types of Hepatitis. Below is November's Student of the Month, if you see Alexa congratulate her on all her hard work and many achievements. Just a reminder that Rho Chi has a box in the PCLC for students to place their nominations for Student of the Month.

That's all from Rho Chi this month... look for more to come in the spring semester with the padfolio/business card sale and opportunities for service learning hours with our monthly Health Talks. Happy Holidays.

Rho Chi Student of the Month—Alexa Ray

Alexa Ray
Student Year: P2

Rho Chi would like to congratulate Alexa Ray for being selected as the November Student of the Month. Alexa is an extremely motivated and active individual who really exemplifies what it means to be a professional student.

She has played an integral role in both the planning and implementation of the project CHANCE, is an active member in the International Pharmacy Student Federation for which she will be teaching a class in medical Spanish, and has been involved with patient care projects through ASP. Furthermore, Alexa holds officer positions in both Kappa Psi and PLS. Alexa has used her skills and talents to help those around her and in her community, and in doing so she has been displaying the true character of professional pharmacy students.



Happy Thanksgiving from ASP-APhA and the Pitt Capsule!

P&T Competition Selects Tysabri for 2008-2009 Competition

By Matt Sapko

This month, on November 11, the Pitt AMCP chapter will be holding an informational session for any students interested in competing in our chapter AMCP competition. At the meeting Jessica Daw from UPMC Health Plan will be explaining the P&T process, this competition, and what students can expect if they choose to participate.

The competition will officially start for our chapter at this meeting. Hopefully the materials will be released in the upcoming week, but regardless, teams of four can begin working on preliminary drug research and planning their project timeline. The national AMCP organization has organized the competition such that teams consist of members from different classes by allowing for a variety of assignments and competition requirements. All team members do not need to be from different classes, but we will try to organize teams to include a variety of individuals. Students are also welcome to organize their own teams with students from any year.

The competition consists of a given medication to review for fictional formulary consideration by the teams. The team is responsible for considering the clinical and cost data as the institution's P&T Committee. The assignments, explained in the dossier, require review of the package insert, clinical studies, and needs of the given formulary.

The Social Scoop

By: Melinda Wingard and Josh Clossin

Thanks to everyone who came to the Scarehouse on Friday, October 10th. We had a frightfully great time with tons of fun, laughs, and after-hours food.

On Friday, November 14th at noon in 456 Salk Hall, there will be a Social Committee meeting to discuss the upcoming Pharmacy Weeks and the ASP Formal. Pharmacy weeks comprises the final two weeks in January, and is a celebration of the profession of pharmacy. Various events, such as lectures, competitions, and social events take place each day – students and faculty are encouraged to attend as many of the events as possible. Proposed ideas include a pharmacy talent show (so start working on your acts!) and a social event with the Duquesne School of Pharmacy. If you are interested in helping to plan or execute any pharmacy week events or wish to help with the formal, please attend the Social Committee meeting. P1's are highly encouraged to attend the meeting, as new ideas and perspectives are always needed! If your organization is interested in planning an event during the two week span, please contact Melinda Wingard at mmw15@pitt.edu.

Looking ahead:
11/14 – Social Committee Meeting – 456 Salk Hall at 12pm
1/18 – PDC vs. KY Football Game
1/19 – OTC Jeopardy
1/21 – Tucci Lecture
1/22 – PLS Charity Auction
1/30- White Coat Ceremony
1/31 – ASP Formal – Sheraton Hotel, Station Square

I recommend that teams begin working as soon as possible because the competition is very involved and time-intensive. The information is assessed by judges from managed care and academic institutions at the competition which is held in January at the school of pharmacy. Tysabri (natalizumab) is the selected medication for the 2008-2009 National P&T Committee.

Please feel free to contact matt.sapko@gmail.com with any questions or concerns.



A Day in the Life of a P4 Rotating Through the National Institute of Health

By: Matt Sapko

This month I had the great opportunity to be on rotation at the National Institutes of Health in Bethesda, MD (a suburb outside of Washington, DC). My experience was with the National Institute of Allergy and Infectious Diseases with Dr. Timothy Jancel, a former Pitt graduate. The rotation focused specifically on immunologic disorders, including Chronic Granulomatous Disease and Job's Syndrome (Hyper IgE). As a result of these immunologic disorders, the patients are often infected with acute and chronic opportunistic infections. Many of the patients suffered from multi-drug resistant bacteria and complicated fungal infections.

My day started very early and sometimes included more than 3 hours of rounds with the various research teams. One shocking difference compared to other rotations was the number of people attending rounds. One morning there were 31 people who rounded including many physicians, residents, fellows, nurses, nurse managers, and researchers. In addition, my preceptor spent many hours with me discussing a wide variety of infectious diseases including

endocarditis and meningitis, and their treatments. I reviewed basic pharmacology, recent journals, answered regular clinical questions, and followed many complex patients. The research and level of care are unbelievable. One of my patients had an invasive fungal infection which was

not resolving with antibiotics or antifungals. As a result, the patient enrolled in a cutting edge study. The patient had white blood cells stimulated from his bone marrow with medications. The cells were conditioned with genes the patient was missing (related to his immunologic disease) and the cells were replaced to fight the infection.

Finally, my preceptor arranged for me to spend time with the HIV outpatient clinic and the inpatient rounding team. In the clinic, I was able to work with the physicians and pharmacists who compile and update the HIV/AIDS treatment guidelines throughout the year. This experience taught me about appropriate medication therapy, drug interactions, and understanding the disease process. In addition, I was able to work and speak with patients to understand their struggles and challenges; I also learned how to effectively and completely care for this unique patient population.

This experience was great and I recommend that every student really ask themselves what they would like to get out of their rotations and go after it. There are many great opportunities through the school, but there are even more opportunities for students willing to set-up rotations and travel throughout the country - or even throughout the world. If anyone ever has any questions or needs help in evaluating rotations, please feel free to contact me at matt.sapko@gmail.com this year and beyond!



Mark Your Calendars...

(Check the portal for more information)

- | | |
|---|--|
| 11/3: LKS | 11/14: Technology Committee, Social Committee |
| 11/4: PPA Guest Lecturer | 11/17: LKS, Mass Mutual |
| 11/5: Career Expo | 11/18: ASP Exec. |
| 11/6: Rho Chi, IPSF | 11/19: Professional Event Series |
| 11/7: Project CHANCE | 11/20: SNPhA |
| 11/10: LKS, Rho Chi | 11/21: PLS Social |
| 11/11: ASP Exec, AMCP, PSHP, WPSHP | 11/22: Urban League Health Fair |
| 11/12: ASP | 11/24: IPSF |
| 11/13: PLS | 11/25: AMCP |

Have fun on the long trip home with Sudoku while meeting some P1's!

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9							7	6
	7						1	
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	2	4			9	5		
			6	2		7	8	
2	8	7	1				4	9
	6	5				3	2	



Dan Yarabinec
 Hometown: Sharpsville, PA
 Undergrad: Pitt
 Favorite food: lasagna
 Favorite place to be: New York City



Caroline Burggaller
 Hometown: Hazleton, PA
 Undergrad: Pitt
 Favorite TV show: House
 Favorite place to be: the beach

		7	8			2	1	
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3				2		7	8	
		3	7					8
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	4				2			
5	2							



Brendan Dimond
 Hometown: Bethel Park, PA
 Undergrad: Pitt
 Favorite sports team: Pittsburgh Penguins
 Favorite movie: Anchorman

Sudoku By Chengchen Li

Top Left: Medium
 Right: Easy
 Bottom Left: Hard

Meet the P1's by Amanda Nguyen