



The Pitt Capsule

University of Pittsburgh School of Pharmacy

SNPhA Welcomes You Back for Another Exciting Year!



Pitt students representing our SNPhA chapter in Chicago 7/17 to 7/20

By Zack Snyder

On behalf of our chapter of the Student National Pharmaceutical Association (SNPhA), I would like to welcome all incoming P1 students. If you aren't already familiar with SNPhA, we are involved with community outreach, particularly in medically underserved communities. In the past year, we've participated in health fairs around the city in neighborhoods such as Wilksburg, Hazelwood, Downtown, and East Liberty. We have made it our mission to improve health disparities between people of different race and socio-economic status.

In addition to health fairs, where we've talked to patients about everything from epilepsy management to hypertension to smoking cessation, we've also hosted a World AIDS Day fundraiser and concert, presented on the profession of pharmacy at several city high schools, helped run flu shot clinics, and initiated a

medication management program for members of a community association in East Liberty. Many of these outreach events will be continuing during the 2009-10 school year.

Last year, our chapter was also able to provide funding for 10

students to attend the National SNPhA conference in Chicago and for 4 students to attend the Regional Meeting in Atlanta. Our chapter has historically done very well on the national level, winning chapter awards as well as individual scholarships for Pitt students.

If you are interested in applying your pharmacy knowledge in the community, reinforcing your education with practical experience, and helping populations who have the most need, please consider an active membership in SNPhA. Our first meeting of the school year will be on 9/15 from 12-1 pm in Room 402 to discuss upcoming events and opportunities. In the meantime, feel free to talk to me or any board member about any questions you may have regarding service, scholarship, academics, or anything else concerning the School of Pharmacy. Good luck and best wishes for the upcoming year.

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The Pitt Capsule

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A Message from Your APhA-ASP President...

By Cortlynn Latsha

Hey everyone, welcome back! I hope you all had a great summer! As you get prepared to start off the semester, don't forget about your membership in APhA-ASP.

Last year was an extremely successful year for our chapter at the University of Pittsburgh. At the Annual Meeting and Exposition, we were awarded the Chapter Innovative Programming Award for our work with smoking cessation as well as recognized for having over 90% of our enrolled students as members of APhA-ASP.

Looking back on last year can lead us to the success and excitement that this year holds. There have been some great events and activities planned for our chapter for the coming year including patient care projects as well as

social activities to keep the stress of pharmacy school to a minimum.

To begin the year we are extremely honored to have Crystal Atwell, the Associate Director of Student Development for the American Pharmacist Association, as a guest. She will be giving a presentation at the first APhA-ASP meeting of the year which will be held on Tuesday, September 1 at 12 pm in room 402. Please plan to attend!

Also, the Annual Back to School Picnic is going to be held on Wednesday, September 2 at 5pm at Veteran's Pavilion in Schenley Park. Come out for a great time of free food, activities, and fun!

We look forward to seeing you there!

Welcome Back from the Social Committee!

By Natalie Pappas

After a summer of vacations, internships, fun and relaxation it's time to get back to school. So we say goodbye to the beach, amusement parks, and lying by the pool to say hello to binders, highlighters, and Falk Library.

This year's APhA-ASP Annual Back to School Picnic is a sure way to get back into the groove of things and get reacquainted with classmates and friends we haven't seen for 4 months. The picnic will be held at the Veterans Pavilion in Schenley Park on Wednesday, September 2 from 4:30pm to 9pm and will host the Activities Fair as well as games, activities, and of course FREE FOOD! We will also be hosting a bake-off competition, judged by Dean Kroboth and faculty. Make sure to bring your

favorite dessert! Prizes will be awarded!

The activities fair will start at 5pm, food (grilled by Phi Delta Chi) at 6pm and games hosted by Kappa Psi and Lambda Kappa Sigma immediately following as well as a class Tug-of-War competition. There will be something for everyone at this year's picnic. The activities fair is a great way to learn more about the different professional pharmacy organizations. Whether you are a P1 and want to find your niche in the pharmacy school, or a P3 and would like to be more involved, the activities fair is a great way to learn about the many opportunities you have within the School of Pharmacy.

Upcoming Events

TODAY:

APhA-ASP Meeting —12:00-1:00
402 Salk Hall

Back To School Picnic and Activities Fair — 4:30-9:30

Veterans' Pavilion
Schenley Park

9/4: PLS Mentoring Seminar

9/8: PLS P1 Lunch

9/9: PLS Meeting

9/10: Rho Chi Meeting

9/11: Council of Professional Activities Meeting

9/15: SNPhA Meeting

9/16: Rho Chi/PLS Professional Lecture Series

9/30: IPSF Global Health Spotlight

Check the Student Portal for the most accurate and updated information!

APhA-ASP Executive Board members will be meeting at Hillman Library at 4:15pm to walk students to the Veterans Pavilion in Schenley Park. Any questions, please feel free to contact any Executive Board member, or myself nlp4@pitt.edu. We hope to see you there!



Lambda Kappa Sigma: Looking forward to the Fall Semester

By Hoi Yee Lung

Although the sisters of Lambda Kappa Sigma (LKS) will miss our summer break, we would like to welcome back all of our fellow students, extending a special welcome to the new P1 students!

We are off to an exciting year as our 2009-2010 LKS President and Vice President attended the regional meeting in Hartford, Connecticut. Kerri Hohman and Amy Lesko met with other sisters from across the nation and gained new ideas for the upcoming year.

At the meeting, LKS's International Office (IO) recognized the academic achievements of two of our alumni sisters, Sarah Providence and



Pictured: LKS Sisters 2008-09 and LKS Sisters at the Annual Powder-Puff Football Game



Amanda Killmeyer, who both received the Ethel J. Heath Key - an award given to students in the top 10% of their class. LKS is also pleased to announce that P4 sister, Julie Lauffenberger, was a recipient of LKS's educational Cora E. Craven Grant.

In more news, we, the Delta Chapter, are looking forward to co-

hosting next year's LKS biennial convention in Pittsburgh with Tau Chapter of Duquesne.

Our officers are busy planning a variety of informational and social events for the recruitment period to introduce prospective members to our fraternity and its mission. We will be holding 4 rush events: a free lunch, a movie night, a BBQ with PDC and a luau.

Not only does LKS encourage academic and professional growth, but we actively participate in local service events and contribute to Project HOPE, a program that serves underprivileged areas around the world. Besides camaraderie shared among the sisters, LKS commonly collaborates with Phi Delta Chi, the all-male pharmacy fraternity.

We encourage everyone to attend APhA-ASP's Back to School Picnic/Activities Fair held at Schenley Park Veterans Pavilion on Wednesday, September 2nd at 4:30.

It will be a great opportunity to meet the sisters and to learn about LKS and the other organizations at the School of Pharmacy. We are eager to meet the new students and we promise to keep you informed about our recruitment events.

Please feel free to check the student portal or to contact any of our officers for more information. We would also like to wish our P4 sisters the best of luck on their rotations.

GPSA Welcomes You Back!

By Jenny Bacci

For the past 30 years the Graduate & Professional Student Assembly (GPSA) has been connecting students of Pitt's 14 schools to each other, and to the University of Pittsburgh as the governing body for all graduate and professional students. Today, GPSA represents and serves over 10,000 advanced degree seeking students and provides a popular travel grant program for attending and presenting at conferences, free legal services, and supplemental funds for graduate student organizations. The social programming that GPSA provides throughout the year includes networking, cultural, and local sporting events. Most importantly, GPSA connects graduate students to Pitt's administrators through graduate student representation on many University committees. These representatives advocate and make recommendations regarding students to the Office of the Provost, University Senate, Board of Trustees and other university-wide committees.

This year's President, Daniel Jimenez, and his executive board

have already hosted a myriad of events over the summer including a Harry Potter and The Half Blood Prince screening, a day at Sandcastle, and co-hosted an event in support of Global Links. Upcoming events include "Mike Doyle, Pancakes & Politics," Thursday, September 3rd at 8:15 am in the William Pitt Union Lower Lounge, as well as The GPSA Welcome Picnic at the Camp David Lawrence Pavilion on Thursday September 10 from 3:00-9:00 pm. All pharmacy students are invited to participate in these events.

GPSA is also in the process of changing the travel grant application process which will affect P3s and P4s who can apply for aid to travel to meetings and conferences. Look in upcoming Pitt Capsules to learn more about these changes as well as future events hosted by GPSA.

GPSA represents the concerns of all graduate and professional students, so please contact me (jenny.bacci@gmail.com) if you have an issue we can help with. Graduate

and professional students can get involved with the GPSA by attending our monthly assembly meetings or visiting our office in William Pitt Union. To get communications, updates, and event invites directly from GPSA students, you can follow us on facebook, twitter, or sign up for our email list by emailing pittgpsa@gmail.com.

Pitt GPSA on Twitter: <http://twitter.com/pittgpsa>

Pitt GPSA on Facebook: <http://www.facebook.com/pittgpsa>

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IPSF 2009-10: Embracing Global Health

By Alexa Ray

As the IPSF Liaison for the 2009-2010 school year, I would like to welcome everyone back and encourage each of you to learn about the global health opportunities available to you at Pitt. IPSF, the International Pharmaceutical Students' Federation, is your resource for all things international: social events, educational opportunities, community service experiences, and even travel abroad!

Whether you are interested in experiencing health care in another country firsthand or just want to learn more about the state of medicine and pharmacy in other parts of the world

(or anywhere in between!), IPSF is the organization for you. In the past year, we held a six-week medical Spanish course, screened global health films, participated in week-long fundraising for UNICEF, volunteered at numerous health fairs, hosted two exchange students, and much more!

Our first event for the school year, the IPSF "Global Health Spotlight," will be held Wednesday, September 30th in 402 Salk Hall. A featured event for Pitt's International Week 2009, the roundtable discussion will showcase School of Pharmacy students who have traveled to destinations as diverse as Honduras, Lithuania, Italy, and Malawi. We hope you

will join us to hear about these students' unique experiences, and to learn more about the state of health-care and pharmacy around the world.

If you are interested in being involved in any or all of these events in the upcoming year, or if you simply want to learn more about IPSF, I encourage you to attend the APhA-ASP general body meetings throughout the year to hear about our events and projects. You may also contact me at any time with questions!

I am looking forward to a very fun and successful year as IPSF continues to grow. I hope you will join

Beta Kappa Welcomes You Back!

By Kendra Mueller

The Beta Kappa Chapter is thrilled to welcome everyone back for another year. The chapter is excited to be back in session and looking forward to a great new year ahead. Kappa Psi will once again host our annual back to school party at our house on September 4th. It is always a great time meeting the new class and getting to see everyone we missed over the summer. I hope everyone considers coming out to the house, located on 361 Atwood St, to celebrate the start of another semester.



Although it was a break, Beta Kappa stayed busy over the summer with events like our annual house lift, a trip to Sandcastle, and numerous other get-togethers with brothers and grads. We were able to do a lot of work to improve our house on Atwood Street, such as painting and cleaning. The brothers are excited to have an improved place to have meetings and events. We look forward to the many future events which will bring our chapter closer together.

This summer was also the setting for Kappa Psi's Grand Council Convention in Clearwater Beach, Florida. Several brothers made the long trip

throughout the country in 2009! We also are proud to announce that one of our Grand Council Deputies, Chris Miller, was ranked top 10 of all GCD's in the country! The accomplishments of this chapter would not be possible without all the dedicated members who have striven to make Beta Kappa great!

down south to take part in one of the most important Kappa Psi rituals. GCC brought great news for the chapter as we found out that Beta Kappa ranked 4th among all Kappa Psi chapters

The brothers of Kappa Psi look forward to the upcoming events of Rush and Pledging. Anyone interested in becoming a brother of Kappa Psi should attend as many rush events as possible. We encourage you to talk to the brothers, and ask any questions you may have about Kappa Psi.

Beta Kappa will host three rush events during the 9/14-10/2 rush period. Keep a look out for postings, or speak to any brother about the exact date and location of each of the events. We look forward to welcoming in a great 2009 pledging class!



Phi Lambda Sigma Looks Forward to Another Great Year

By Mike Smith

Welcome back! The Beta Delta chapter of Phi Lambda Sigma, the Pharmacy Leadership Society, is looking forward to an exciting and productive year. As an honorary leadership organization within the School of Pharmacy, the mission of PLS is to foster and recognize leaders, and to support leadership commitment.

Here are some highlights of the upcoming year:

Membership is obtained through an application process which focuses on peer recognition of leadership achievement in the field of Pharmacy. Applications will be accepted in the beginning of January, so keep an eye out for more announcements towards the end of the Fall Semester.

The Fall Leadership Retreat, an event partnered by PLS and APhA-ASP, will take place at Seven Springs Ski Resort on Saturday, September 26th. PLS members and other leaders within the

school will enjoy a full day of team building activities on a ropes course in the morning with a personal development twist, followed by an afternoon focused on the Swanson Challenge. We will strive to make the School of Pharmacy the premier health-science school here at the University and throughout the Nation. The retreat always brings forth innovative discussions from the students and is sure to do so again this year. There are a few spots left for any P1s interested in attending (any P1 that runs for a class representative position will be automatically be invited), so if you would like to join us at the retreat, please contact Mike Smith (mas81@pitt.edu) or Cortlynn Latsha (cal50@pitt.edu).

PLS and Rho Chi have teamed up once again to bring back the Professional Lecture Series. This year PLS will engage our PLS alumni by having them be our guest speakers. The first lecture is scheduled for Wednesday, September 16th, during the common hour in room 402. All students are

welcome to attend; food and refreshments will be provided, with more details on the presentation to come.

As many of you are already aware, the P1 mentoring program is already in full force, and has once again been expanded to meet the needs of the incoming students. P1's, feel free to utilize your mentor's advice and experiences to the fullest. PLS mentors, best of luck this semester!

For more information about PLS, the chapter's website, its membership and executive board, visit the student portal at

www.students.pharmacy.pitt.edu.

Current members: The first Phi Lambda Sigma meeting of the semester will be Wednesday, September 9th from 12:00-1:00pm in the PCLC. All members are asked to attend to help plan for the year ahead. Good luck in the upcoming year.

Updates From Class Presidents...

P3 Class Updates

President: Mike Smith

130 days of class left. 1 (or 2) week(s) of playing hospital left. 2 finals weeks. 7 more times you have to read my paragraph updates. 25 class superlatives. Then, freedom. Welcome back all. As you can clearly see there is not much left in front of the P3 class before we head off to our P4 rotations, so let the countdown begin. After enough Schiff MC/True-False exams to last a lifetime, the class enjoyed a much needed summer vacation. Many of our stu-

dents took advantage of the last summer of their lives by traveling for vacations (Mexico, Europe, the Dirty Jerz, etc.), and for work (Arizona, home, Danville, etc.). The P3 class is also looking forward to another progressive year for the organizations within the school, of which, many are led by students in our class. The P3 class representatives would like to congratulate the newbies of the P1 class on your acceptance into the good old SOP, as well as wish the P2 class the best of luck. Also, one final congratulation goes out to Steven Zona, who was elected

last year to the National President-Elect position of APhA-ASP.

P2 Class Updates

President: Adam Martin

The Class of 2012 is back from the beaches and ready to tackle the infamous 1st semester of P2 year. There are a few fundraising opportunities to take place this semester, including a Class of 2012 shirt with a hand-drawn portrait of our professors from last year, and a possible Halloween pumpkin carving contest. More details for these and more to come, but for now we better get started on DD, ID and Cardio...

Patient Care Committee Has Big Plans For This Year

By Summer Stairs

It is hard to believe that summer is over and it is time to start studying again. Liz van Olden and I are this year's ASP Patient Care Committee co-chairs and we would like to welcome everyone back to school.


We are excited to continue old projects such as Project SMILE and the Great American Smokeout, as well as taking on some new projects such as Operation Diabetes, Operation Immunization, and

Heartburn Awareness.

We are looking forward to this year, but we need your help to make these patient care events a success.

If you are interested in participating in Patient Care Committee planning sessions and projects, please see either co-chair or email us at asppatientcare@gmail.com. We hope to see you at our first committee meeting **Thursday, September 17th at noon in PCLC 234.**

Welcome P1 Class of 2013
To the School of Pharmacy



From APhA-ASP and the Pitt Capsule!

Who's in LKS? What does ASP do? Why join KY? When does PLS meet?
Got Questions? APhA-ASP has you covered.

You're invited to the

ANNUAL BACK TO SCHOOL PICNIC and ACTIVITIES FAIR

-hosted by APhA-ASP

When: Wednesday September 2
Activities Fair starts at 5pm
FREE FOOD and games at 6pm

Where: Veteran's Pavilion Schenley Park (or meet on steps in front of Hillman library at 4:30)

Can you bake? Bring a dessert for the BAKE OFF! The best baker wins a prize!!

